

PHYSIOTHERAPY | BODYHARMONIX

Our physiotherapists are specifically dedicated to helping you eliminate back, muscle, neck, joint pains and headaches caused by chronic dysfunctions that ultimately lead to musculoskeletal injury.

We begin by assessing the problem you came with and determine an accurate solution to resolve, manage and heal your pain and injury. But we don't stop there, whether you're at home, in the office or travelling, we'll empower you with the skills to self manage your pain and injury.

All our evaluations and treatments are designed to suit your individual needs, and we'll continue to work with you to reach your goals.



CALL US ON
(03) 9191 0512

OR BOOK ONLINE
WWW.BODYHARMONIX.COM.AU



Our physiotherapists can deliver a range services:

- Strength & Conditioning
- Soft Tissue, Deep Tissue & Trigger Point Massage
 - Dry Needling
 - Cupping
 - Taping
- Postural assessments & Corrections
 - Joint Manipulation
- Exercise Regiments and Programs
 - Joint mobilization
 - Pain Management



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